

NO PROHIBITED ITEMS ARE PERMITTED ON THE WATER TAXI, IN PARTICIPANT CORRALS OR ANYWHERE ON THE RUN COURSE.

## **HELPFUL TIPS**

Prohibited items are as follows, but not limited to: strollers, wheelchairs, wagons, roller blades, bicycles, recumbent bikes, bags of any kind (backpacks, purses, fanny packs), water bottles, CamelBaks, hydration backpacks, weapons of any kind or dual use items that could be considered dangerous (firearms, knives, mace, umbrellas), flag poles, Scott air paks, child carriers, weight vests, animals, self sticks, GoPros, drones.

No cars will be allowed to enter the IKEA Parking lot.

No prohibited items including food and beveange is allowed on the Water Taxi.

Water bottles must be disposed of before reaching the start line.

Only Runners will cut across King St. for staging on Richard St., walkers will remain staged at IKEA.

NY Water Taxi from Pier 11 Wall St Terminal to IKEA, Brooklyn is strongly recommended.