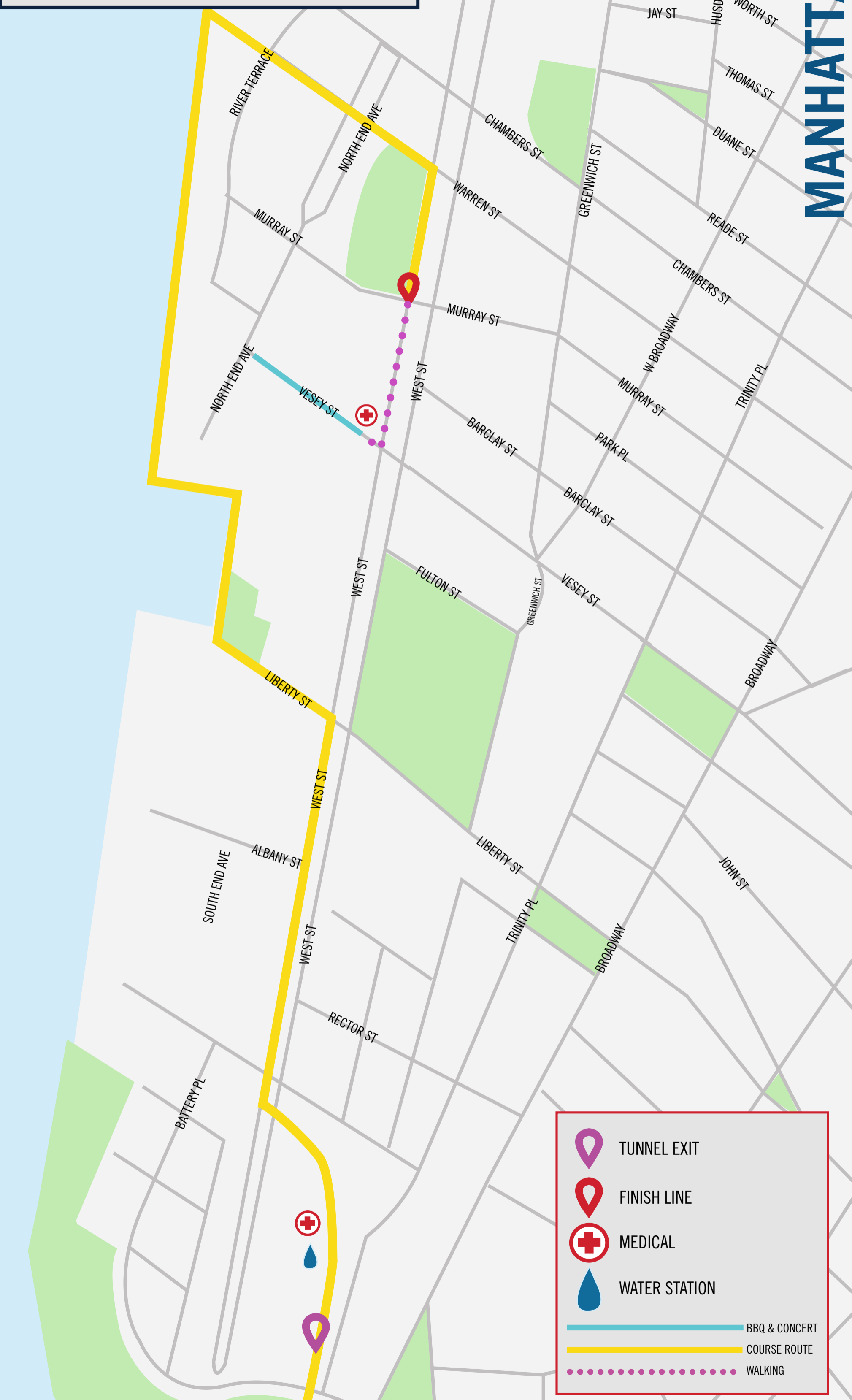




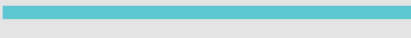
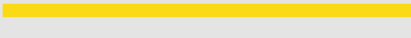



We recommend using public transportation to get to the start of the run. Visit [mta.info](http://mta.info) for buses and subways.

# MANHATTAN



-  TUNNEL EXIT
-  FINISH LINE
-  MEDICAL
-  WATER STATION
-  BBQ & CONCERT
-  COURSE ROUTE
-  WALKING

**NO BAGS OF ANY KIND ARE PERMITTED ON THE WATER TAXI OR ANYWHERE AT THE TUNNEL TO TOWERS 5K RUN & WALK NYC**