



**Tunnel to Towers
Foundation**
T2T.ORG

-  START LINE
 -  TUNNEL ENTRANCE
 -  TUNNEL EXIT
 -  FINISH LINE
 -  MEDICAL
 -  WATER STATION
 -  WATER TAXI
 -  PARKING
-  BBQ & CONCERT
 COURSE ROUTE
 WATER TAXI ROUTE
 WALKING



MANHATTAN

BROOKLYN

NO BAGS OF ANY KIND ARE PERMITTED ON THE WATER TAXI OR ANYWHERE AT THE TUNNEL TO TOWERS 5K RUN & WALK NYC

HELPFUL TIPS

- FOR YOUR SAFETY AND SECURITY THE MTA & NYPD PROHIBIT ANY BACKPACKS, STROLLERS OR BICYCLES IN THE TUNNEL - THIS WILL BE STRICTLY ENFORCED
- NO CARS WILL BE ALLOWED TO ENTER THE IKEA PARKING
- NO FOOD IS ALLOWED ON THE WATER TAXI
- WATER BOTTLES MUST BE DISPOSED OF BEFORE REACHING THE START LINE
- ONLY RUNNERS WILL CUT ACROSS KING ST. FOR STAGING ON RICHARDS ST., WALKERS WILL REMAIN STAGED AT IKEA
- PARKING FILLS UP FAST - WE RECOMMEND TAKING PUBLIC TRANSPORTATION